

WORLD MASTERS GAMES TORINO 2013
MEDICAL CERTIFICATE OF FITNESS FOR COMPETITIVE SPORTS

I, Dr. (Name, Surname)

born (City, Country)

on (dd/mm/yyyy)

_____ / _____ / _____

with offices at (complete address)

and phone number

HEREBY STATE THAT

Mr. / Mrs / Ms (Name, Surname)

born (City, Country)

on (dd/mm/yyyy)

_____ / _____ / _____

and resident at (address, city, country)

ID document n°

After all the examinations required is healthy and physically fit to compete during the World Masters Games Torino 2013 for the sport _____

IMP: The medical examinations required (*ex D.M. 18 febbraio 1982*) to obtain a medical certificate of fitness for competitive sports added in Torino 2013 World Masters Games sport program are:

1. Medical-sports check-up;
2. A regular urine test;
3. Electrocardiogram both at rest and exercise;
4. Spirometry (breathing test).

For Golf, Bowls, Archery, Badminton, Table tennis and Shooting it is only required to have a Medical-sports check-up, a regular urine test and Electrocardiogram at rest.

This certificate is valid until (dd/mm/yyyy). This kind of medical certificate must have one year validity, considering the closing day of 11th August, 2013.

_____ / _____ / _____

date (dd/mm/yyyy)

_____ / _____ / _____

Doctor's signature and stamp _____